Ready for a challenge??

Gaisce - the President's Award is Ireland's National Challenge Award, the country's most prestigious and respected individual award programme.



It is a challenge from the President of Ireland, to young people between 15 and 25 years of age. Interested? If you've got what it takes to really rise to a personal challenge, then take a look through the full official website - http://www.gaisce.ie/

<u>Our 4 challenge areas are:</u>

- 1. Community Involvement homework club, visiting the elderly, youth club volunteer...
- 2. Personal Skill knitting, craft, musical instrument, computer skills, Irish dancing...



- 3. Physical Recreation basketball, aerobics, swimming, golf, football, running, cycling...
- 4. Adventure Journey mixed event adventure trip, cycling trip, hiking adventure, climb a mountain, camping trip... including an over night stay.

Students can participate in the bronze award once 15 years of age and the silver award once 16 years.











