



Coola PPS Covid Prevention

BASIC AND PRACTICAL WAYS TO KEEP COVID AT BAY

Mhàs



- ► The Preventive Measures are designed to keep Coola Covid-Free.
- Remember, while students fall into a low-risk category in terms of serious illness/death as a result of Covid, we all have loved ones that we come into contact with who are in a high-risk category. It is them especially that we are trying to protect.



The 3 Main Preventive Measures



- -Wear a mask
- Clean your hands
- Neep a safe distance

Wear a Mask



- A cloth facemask must be worn on the **bus** to school and **in class** at all times.
- You may remove the facemask outdoors during breaks as long as a social distance of 2 metres is maintained.



Mask Video

Coronavirus COVID-19





safely wear
a
face covering





Rialtas na hÉireann Government of Ireland

Clean Your Hands



- Every time you **enter a classroom** you should use the automatic dispenser and **sanitise your hands**.
- ► Good hand hygiene is critical to keeping viruses at bay.



Handwashing video





COVID-19, colds and flus, runny noses and chest infections, many tummy bugs that cause diarrhoea and vomiting

Keep a Safe Distance



- ▶ A social distance of 2m is recommended where possible; a 1m social distance with mask-wearing is acceptable where 2m is not possible.
- As aforementioned, masks must be worn in a class setting and on buses.
- ▶ It is up to every student and staff member to keep themselves and others safe by maintaining a social distance & reminding others to do so.



One Way System



- ► To help with **social distancing** in our school there is a one way system in operation.
- All staff and students should enter the New Building through the double door at Rooms 5 & 6, and exit through the door at Room 11.
- Keep single file and maintain social distance as you move through.
- ▶ If you are, for example, going from Room 19 to Room 9, exit building through door off Room 11 and enter again at double door at Rooms 5 & 6.
- ► There should be no congregating in doorways or hallways.



Covid Centre



- Should a student feel unwell (symptomatic student), they will be isolated in our Covid Isolation Centre off of the Gym.
- ▶ The student will wait there until a parent or guardian collects them.
- ► The parents/ guardians will be advised to take the student to their GP.
- ▶ Siblings of symptomatic students (ie. the student feeling unwell) will also have to go home.
- The symptomatic student (and their siblings) cannot return to school until a Medical cert/ Parent Declaration form stating they are fit to do so is provided for the symptomatic student.



Should I Come to School?

- As per HSE advice, you should self-isolate and contact your GP if you are experiencing any of the following:
- Fever/ high temperature
- <u>a cough</u> this can be any kind of cough, not just dry
- shortness of breath or breathing difficulties
- loss or change to your sense of smell or taste this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal
- It can take up to 14 days for symptoms to show. They can be similar to symptoms of <u>cold</u> and <u>flu</u>.
- Getting an early diagnosis from your GP means you can get the help you need and take steps to avoid spreading the virus, if you have it.





Covid Symptoms & What to Do





Thankyou



- We all need to do our bit to keep Coola Covid Free.
- ► These are challenging times for all in our school community, but we will work together to provide a teaching and learning environment that is as safe as possible for all.
- Let's all do our best to keep ourselves and those dear to us safe.

